Support Group for Women

Fall 2011

For women 16 or over who are dealing with the impact of violence/abuse experienced in their life

- First night: Wednesday Oct. 12, 2011 6:30 pm, Brockville
- Group continues 1 evening per week for 10 weeks
- Meet other women and share life experiences
- Learn new ways to cope with problems.
- Creative approaches such as expressive arts & relaxation are used.

REGISTRATION REQUIRED

- Previous members say:
  GO!
  Listen, talk and learn
  Be open to new ideas
  Just attend
  Don't give up
  Take this - it really helps

Group is Free. Financial assistance is available to help offset transportation and childcare costs.
Co-facilitators: Sharon Hinbest & Catherine Taylor

To express your interest and/or hold your spot contact: Assault Response & Care Centre, (613) 345-3881 / 1-800-567-7415

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